

# Grieving the Death of a Loved One Group Program

6 Fridays, 1-2pm

Oct 17 – Nov 21, 2025

In-person at the Memory Care Alliance Office  
1541 S. St. Francis, Santa Fe, NM 87505

This group program is for those who have experienced recent deaths of family, friends, or colleagues. It is free-of-charge and is facilitated by Eileen Joyce, Hudson Certified Coach and Grief Recovery Specialist with 25 years of experience.

In these six Fridays together you'll have the opportunity to talk about your loved one and how you're dealing with the challenges and grief of your loss.

We'll cover:

- The myths of grief, loss, and healing
- Helpful ways to heal your broken heart
- How unresolved grief affects the capacity for happiness
- Creating resilience even in times of greatest challenges

The program is sponsored by The Memory Care Alliance.

Attending all 6 weeks is recommended but not required. Please contact Eileen by calling 505.428.0670 or email [ej@eileenjoyce.com](mailto:ej@eileenjoyce.com) to reserve your place (space is limited).

