Grieving the Recent Death of a Loved One
In-Person Group Program

6 Fridays, 130-230pm
Oct 16 – Nov 20, 2026
In-person at The Memory Care Alliance Office
1541 S. St. Francis, Santa Fe, NM 87505

This group program is for those who have experienced recent deaths of family, friends, or colleagues.

The program is sponsored by The Memory Care Alliance. It is free-of-charge and facilitated by Eileen Joyce, Hudson Institute Certified Coach and Certified Grief Recovery Specialist with 25 years of experience.

In these six Fridays you'll have the opportunity to talk about your loved one and how you're dealing with the challenges and grief of your loss.

We'll cover information and actions regarding:

- **The myths of grief, loss, and healing**
- **Helpful ways to heal your broken heart**
- **How unresolved grief affects the capacity for happiness**
- **Creating resilience even in times of greatest challenges**

Attending all 6 weeks is recommended but not required. Please contact Eileen by calling 505.428.0670 or email ej@eileenjoyce.com to reserve your place (space is limited).

THE MEMORY CARE ALLIANCE
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